

What have been some of your greatest challenges & how have you overcome them?

My current number one challenge is keeping my skills fresh. It's hard to juggle a full work schedule and try to slide in time to read up on the new advances in computer software.

Describe how you have balanced your career and personal life. Were there any corporate or professional programs that helped you advance both personally and professionally? Is there anything you wish you had known "then" or could have done differently?

I have done a much better job of balancing work and a personal life than I did in college. I think I learned a lot from my college experience that showed me that letting go and leaving time for me, will not hamper my advancement as much as I thought.

Are there further experiences or insight that you would like to share?

I definitely think that having a good work-life balance is important. Being able to leave work behind when you go home at night or the weekend, allows you to come back on Monday morning fresh and ready to do your best instead of tired and resentful.