

What have been some of your greatest challenges & how have you overcome them?

I always find it very challenging to start a new assignment. My feelings ride a fine line between excitement and fear in this situation. The excitement is due to trying something new and the fear is that there is so much to learn that it can be overwhelming. To get through these situations I find that I use my analytical skills to quickly assess the most important tasks to focus on first and then jump in to work on those. I use my mentor to discuss some of the early challenges as well.

Describe how you have balanced your career and personal life. Were there any corporate or professional programs that helped you advance both personally and professionally? Is there anything you wish you had known “then” or could have done differently?

Work / life balance is always a challenge. My family is the foundation that gives me the strength and support I need to accomplish great things at work and I need to nurture those relationships. At the same time, my career has the ability to consume my waking hours. To maintain this balance, I try to keep my weekends for family and my weekdays for career.